



# HOME HEALTH CARE for the UROLOGY PATIENT

## EXAMPLE DIAGNOSES

TUR • Bladder Cancer • Urinary Retention  
Urinary Diversions • Nephrostomy • TURP  
Urinary Incontinence • Prostatitis •  
Cystectomy  
Urinary Tract Infection • Pyelonephritis

## SKILLED NURSING

Visit frequency determined by physician orders and assessment of patient's condition and needs.

### Services Provided:

- Skilled Observation/Assessment/Evaluation of:
  - Signs/symptoms of complications/infection
  - Response to medication/treatments
  - Physical/mental limitations
  - Changes in activities of daily living
  - Coping mechanisms/advocacy needs
  - Environmental safety factors
- Procedures, Treatments as Prescribed:
  - Venipuncture for lab, drug levels
  - Nasogastric tube management
  - Gastrostomy tube management
  - Foley catheter insertion/management
  - Suprapubic catheter changes/management
  - Dressing changes and wound care
  - Suture/staple removal
  - Drainage tube management
  - Administer medications: IM, IV, SC, etc.
  - Management of chemotherapy side effects
  - Management of implanted pumps, ports, central lines
  - Ostomy care
  - Urinary incontinence management
  - Clean intermittent catheterization

- Patient/Family Teaching of Care for:
  - Disease process – care management
  - Diet, bowel regime
  - Infection control
  - Medication administration/side effects
  - Activity level/safety precautions
  - Management of chemo/radiation side effects
  - Emergency procedures
  - Skin care, turning, positioning, ROM
  - Bladder care
  - Pain management
  - Nasogastric/Gastrostomy tube feedings
  - Care of implanted ports, central lines, etc.
  - I and O
- Management and Evaluation of the Care Plan for:
  - Prolonged/extended home health care need
  - Continued personal care service
  - Multiple services and caregivers for complicated/complex care
  - Terminal supportive care
  - High potential of changes for the at risk patient

## HOME HEALTH AIDE

Visit frequency based on patient's needs for assistance with activities of daily living/instrumental activities of daily living, physician orders and assessment by RN.

### Services Provided:

- Bathing
- Dressing assist
- Grooming/hair care
- Oral care
- Toileting
- Transfers
- Ambulation
- Light meal preparation
- Routine exercises
- Medication reminders
- Cleaning patient care area
- Care of orthotic/prosthetic devices
- Reality orientation/communication assist

## Home Health Care for the Urology Patient

### MEDICAL SOCIAL SERVICES

Counseling and intervention can be provided by the medical social worker when the home social dynamics affect the medical condition of the patient. Visit frequency determined by the patient's physical and social needs and physician's orders.

#### *Services Provided:*

- ❖ Psychosocial assessment/evaluation
- ❖ Financial assistance
- ❖ Counseling for long range planning
- ❖ Housing/nursing home placement
- ❖ Community resource planning
- ❖ Contingency/emergency care planning
- ❖ Brief therapy
- ❖ Crisis intervention

### OCCUPATIONAL THERAPY

Visit frequency based on patient's needs and physician orders for evaluation, treatment, and teaching.

#### *Services Provided:*

- Therapy:
  - Increase independence in activities of daily living and self care training
  - Recommend assistive devices and train in their use
  - Develop exercises to regain bladder control
  - Work simplification
  - Energy conservation
  - Graded activity program
  - Retraining in homemaking skills and other instrumental activities of daily living
  - Development of therapeutic program of activities to increase range of motion, strength, and endurance
- Teaching:
  - Environmental safety measures
  - Use and care of durable medical equipment
  - Therapeutic adaptations
  - Home modifications
  - Home program for rehabilitation

### PHYSICAL THERAPY

Visit frequency based on assessment of patient's condition and needs and physician orders.

#### *Services Provided:*

- Therapy:
  - Evaluation and therapeutic exercises
  - Gait training and ambulation for increasing strength and functional endurance
  - Establish home rehabilitation program
- Teaching:
  - Home maintenance program
  - Transfer techniques
  - Safety measures
  - Equipment use
  - Modification of activities

### SPEECH THERAPY

Visit frequency based on assessment of patient's communication needs and physician's orders.

#### *Services Provided:*

- Establish Communication Skills Program for:
  - Language disorders
  - Articulation
  - Dysfluency
  - Voice disorders
  - Phonological delays
  - Cognitively impaired
  - Laryngectomies and glossectomies
  - Design dysphagia treatment program
  - Design aural rehabilitation program