



HOME HEALTH CARE for the PULMONOLOGY PATIENT

EXAMPLE DIAGNOSES

Respirator Dependent

Cor Pulmonale • Cystic Fibrosis • PVD

Bronchitis • Emphysema • Pneumonia

Asthma • Lung Cancer • AIDS • Trauma • TB

SKILLED NURSING

Visit frequency determined by physician orders and assessment of patient's condition and needs.

Services Provided:

- Skilled Observation/Assessment/Evaluation of:
 - Signs/symptoms of complications/infection
 - Response to medication/treatments
 - Physical/mental limitations
 - Changes in activities of daily living
 - Coping mechanisms/advocacy needs
 - Environmental safety factors
- Procedures, Treatments as Prescribed:
 - Venipuncture for lab, drug levels
 - Pulse oximetry
 - Sputum culture
 - Nasogastric tube management
 - Gastrostomy tube management
 - Foley catheter changes/management
 - Suprapubic catheter changes/management
 - Skin care
 - Dressing changes
 - Suture/staple removal
 - Administer medications: IM, IV, SC, etc.
 - Pressure ulcer management
 - Bowel care
 - Ostomy/wound management
 - Emotional support

- Patient/Family Teaching of Care for:
 - Disease process – care management
 - Infection control
 - Diet/intake and output
 - Bowel management
 - Medication administration, side effects
 - Energy conservation
 - Emergency procedures/safety precautions
 - Use of hand held nebulizer, MDI
 - Oxygen use and safety
 - Relaxation techniques
 - Coping mechanisms
 - Management of an impending dyspneic episode
 - Controlled breathing exercises, coughing and deep breathing, pursed lip breathing, diaphragmatic breathing
- Management and Evaluation of the Care Plan for:
 - Prolonged/extended home health care need
 - Continued personal care service
 - Multiple services and caregivers for complicated/complex care
 - Terminal supportive care
 - High potential of changes for the at risk patient

HOME HEALTH AIDE

Visit frequency based on patient's needs for assistance with activities of daily living physician orders and assessment by RN.

Services Provided:

- Bathing
- Dressing assist
- Grooming/hair care
- Oral care
- Toileting
- Transfers
- Ambulation
- Light meal preparation
- Routine exercises
- Medication reminders
- Cleaning patient care area
- Care of orthotic/prosthetic devices
- Reality orientation/communication assist

Home Health Care for the Pulmonology Patient

MEDICAL SOCIAL SERVICES

Counseling and intervention can be provided by the medical social worker when the home social dynamics affect the medical condition of the patient. Visit frequency determined by the patient's physical and social needs and physician's orders.

Services Provided:

- ❖ Psychosocial assessment/evaluation
- ❖ Financial assistance
- ❖ Counseling for long range planning
- ❖ Housing/nursing home placement
- ❖ Community resource planning
- ❖ Contingency/emergency care planning
- ❖ Brief therapy
- ❖ Crisis intervention

OCCUPATIONAL THERAPY

Visit frequency based on patient's needs and physician orders for evaluation, treatment, and teaching.

Services Provided:

- Therapy:
 - Focus is to regain recent loss of function
 - ADL training
 - Fitting and use of functional aids
 - Energy conservation through work simplification
- Teaching:
 - Environmental safety measures
 - Use and care of durable medical equipment
 - Therapeutic adaptations
 - Home modifications

PHYSICAL THERAPY

Visit frequency based on assessment of patient's condition and needs and physician orders.

Services Provided:

- Therapy:
 - Evaluation and treatment
 - Breathing exercises
 - Gait training/ambulation for increasing balance, strength and functional endurance
 - Active ROM
 - Use of assistive devices
 - Postural awareness exercises
- Teaching:
 - Home maintenance program
 - Transfer techniques
 - Safety measures
 - Equipment use
 - Pulmonary physiotherapy

SPEECH THERAPY

Visit frequency based on assessment of patient's communication needs and physician's orders.

Services Provided:

- Establish Communication Skills Program for:
 - Language disorders
 - Articulation
 - Dysfluency
 - Voice disorders
 - Cognitively impaired
 - Laryngectomies and glossectomies
 - Design dysphagia treatment program
 - Design aural rehabilitation program