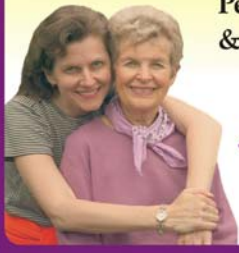


Peace of mind for Mom and Dad...
& the kids who worry about them.



Home Health of Montana
It's Your Home. It's Your Health. It's Your Choice.SM
Medicare Certified Home Health Care

Serving Missoula and Ravalli counties

HOME HEALTH CARE for the INTERNAL MEDICINE PATIENT

EXAMPLE DIAGNOSES

Diabetes Mellitus • Pituitary Dysfunctions
Cancer • Alzheimer's Disease • Transplants
Abdominal Aortic Aneurysms • Electrolyte Imbalance
Back Sprain/Strain • Pneumonia • COPD • Colostomy
Ileostomy • Acute Myocardial Infarction • Angina
Hypertension • Digoxin Toxicity • Arthritis
Pvelonephritis

SKILLED NURSING

Visit frequency determined by physician orders and assessment of patient's condition and needs.

Services Provided:

- Skilled Observation/Assessment/Evaluation of:
 - Signs/symptoms of complications/infection
 - Response to medication/treatments
 - Physical/mental limitations
 - Changes in activities of daily living
 - Coping mechanisms/advocacy needs
 - Environmental safety factors
- Procedures, Treatments as Prescribed:
 - Venipuncture for lab, drug levels
 - NG/gastric tube management
 - Foley catheter insertion/management
 - Suprapubic catheter changes/management
 - Dressing changes and wound care
 - Suture, staple removal
 - Pain management, including pumps
 - Pulse oximetry
 - Administer medications, IM, IV, SC, etc.
 - Medication management
 - Central line, epidural catheter, pump, port care
 - Tracheostomy care
 - Skin care
 - Bowel/bladder care

- Patient/Family Teaching of Care for:
 - Disease process – care management
 - Diet, bowel regime
 - Medication administration, side effects, interactions
 - Activity level/safety precautions
 - Emergency procedures
 - Use of DME
 - Pain management
 - Gastric feedings
 - Clean intermittent catheterization
 - Care of central line, port, pump
 - Seizure precautions
 - Ostomy care
- Management and Evaluation of the Care Plan for:
 - Prolonged/extended home health care need
 - Continued personal care service
 - Multiple services and caregivers for complicated/complex care
 - Terminal supportive care
 - High potential of changes for the at-risk patient

HOME HEALTH AIDE

Visit frequency based on patient's needs for assistance with activities of daily living/instrumental activities of daily living, physician orders and assessment by RN.

Services Provided:

- Bathing
- Dressing assist
- Grooming/hair care
- Oral care
- Toileting
- Transfers
- Ambulation
- Light meal preparation
- Routine exercises
- Medication reminders
- Cleaning patient care area
- Care of orthotic/prosthetic devices
- Reality orientation/communication assist

Home Health Care for the Internal Medicine Patient

MEDICAL SOCIAL SERVICES

Counseling and intervention can be provided by the medical social worker when the home social dynamics affect the medical condition of the patient. Visit frequency determined by the patient's physical and social needs and physician's orders.

Services Provided:

- ❖ Psychosocial assessment/evaluation
- ❖ Financial assistance
- ❖ Counseling for long range planning
- ❖ Housing/nursing home placement
- ❖ Community resource planning
- ❖ Contingency/emergency care planning
- ❖ Brief therapy
- ❖ Crisis intervention

OCCUPATIONAL THERAPY

Visit frequency based on patient's needs and physician orders for evaluation, treatment, and teaching.

Services Provided:

- Therapy:
 - Activities of daily living and self-care training
 - Work simplification
 - Energy conservation
 - Graded activity program
 - Retraining in homemaking skills and other instrumental activities of daily living
 - Development of therapeutic program of activities to increase range of motion, strength and endurance
 - Swallowing difficulties/choking precautions
- Teaching:
 - Environmental safety measures
 - Use and care of durable medical equipment
 - Therapeutic adaptations
 - Home modifications
 - Home program for rehabilitation

PHYSICAL THERAPY

Visit frequency based on assessment of patient's condition and needs and physician orders.

Services Provided:

- Therapy:
 - Assess rehabilitation needs/potential
 - Develop a specific rehabilitation program
 - Increase muscle tone
 - Strengthening program
 - Home adaptation
- Teaching:
 - Home maintenance program
 - Transfer techniques
 - Safety measures
 - Equipment use
 - Functional activities

SPEECH THERAPY

Visit frequency based on assessment of patient's communication needs and physician's orders.

Services Provided:

- Establish Communication Skills Program for:
 - Language disorders
 - Articulation
 - Dysfluency
 - Voice disorders
 - Cognitively impaired
 - Laryngectomies and glossectomies
 - Design dysphagia treatment program
 - Design aural rehabilitation program