



HOME HEALTH CARE for the ENDOCRINOLOGY PATIENT

EXAMPLE DIAGNOSES

Diabetes Mellitus
Pituitary Dysfunctions
Hypothyroidism
Hyperthyroidism

SKILLED NURSING

Visit frequency determined by physician orders and assessment of patient's condition and needs.

Services Provided:

- Skilled Observation/Assessment/Evaluation of:
 - Signs & symptoms of complications/infection
 - Response to medication/treatments
 - Physical/mental limitations
 - Changes in activities of daily living
 - Coping mechanisms/advocacy needs
 - Environmental safety factors
- Procedures, Treatments as Prescribed:
 - Medication administration: insulin/other
 - Venipuncture for lab: BG, FBS, diagnostic lab studies
 - Sterile catheterization for lab
 - Dressing changes and wound care
 - Foley catheter insertion/management
 - Wound/pressure management
 - Foot care
- Patient/Family Teaching of Care for:
 - Disease process-care management
 - Medication actions, administration, side effects
 - Signs & symptom complications, i.e. hyper/hypoglycemia, thyroid storm, etc.
 - Emergency procedures
 - Skin, foot care
 - Safety precautions
 - Dressing changes and wound care
 - Diet, bowel regime
 - Blood glucose monitoring program equipment, i.e. monitors, insulin pumps, blood glucose readings

- Safety and infection control related to needles: disposal, hand washing, etc.
- Signs & symptoms report to physician
- Activity levels

- Management and Evaluation of the Care Plan for:
 - Prolonged/extended home health care need
 - Continued personal care service
 - Multiple services and caregivers for complicated/complex care
 - Terminal supportive care
 - High potential of changes for the at-risk patient

HOME HEALTH AIDE

Visit frequency based on patient's needs for assistance with activities of daily living, physician orders and assessment by RN.

Services Provided:

- Bathing
- Dressing assist
- Grooming/hair care
- Oral care
- Toileting
- Transfers
- Ambulation
- Light meal preparation
- Routine exercises
- Medication reminders
- Cleaning patient care area
- Reality orientation/communication assist

Home Health Care for the Endocrinology Patient

MEDICAL SOCIAL SERVICES

Counseling and intervention can be provided by the medical social worker when the home social dynamics affect the medical condition of the patient. Visit frequency determined by the patient's physical and social needs, and physician's orders

Services Provided:

- ❖ Psychosocial assessment/evaluation
- ❖ Financial assistance
- ❖ Counseling for long range planning
- ❖ Housing/nursing home placement
- ❖ Community resource planning
- ❖ Contingency/emergency care planning
- ❖ Brief therapy
- ❖ Crisis intervention

PHYSICAL THERAPY

Visit frequency based on assessment of patient's condition and needs and physician orders.

Services Provided:

- Therapy:
 - Assess rehabilitation needs/potential
 - Develop a specific rehabilitation program based on patient's heart rate, blood pressure and exertion levels
 - Transfer techniques
 - Bed mobility
 - Balance and coordination exercises
 - Therapeutic exercises
 - Gait training
 - Range of motion
 - Home adaptation
 - Endurance training
- Teaching
 - Home maintenance program
 - Transfer techniques
 - Safety measures
 - Equipment use/safety
 - Heart rate monitoring for activities

OCCUPATIONAL THERAPY

Visit frequency based on patient's needs and physician orders for evaluation, treatment and teaching.

Services Provided:

- Therapy:
 - Activities of daily living and self-care training
 - Work simplification
 - Energy conservation
 - Graded activity program
 - Retraining in homemaking skills and other instrumental activities of daily living
 - Development of therapeutic program of activities to increase range of motion, strength and endurance
- Teaching:
 - Environmental safety measures
 - Use and care of durable medical equipment
 - Therapeutic adaptations
 - Home modifications
 - Home program for rehabilitation

SPEECH THERAPY

Visit frequency based on assessment of patient's communication needs and physician's orders.

Services Provided:

- Establish Communications Skills Program for:
 - Language disorders
 - Articulation
 - Dysfluency voice disorders
 - Cognitively impaired
 - Laryngectomies and glossectomies
 - Dysphagia treatment program
 - Rehabilitation program