



HOME HEALTH CARE for the CARDIOLOGY PATIENT

EXAMPLE DIAGNOSES

Hypertension • Angina Pectoris • Mitral Stenosis
Acute Myocardial Infarction
Ischemic Heart Disease • Pericarditis Acute
Cardiomegaly • Tachycardia • Atrial Fib
ASCVD • CHF • CABG

SKILLED NURSING

Visit frequency determined by physician orders and assessment of patient's condition and needs.

Services Provided:

- Skilled Observation/Assessment/Evaluation of:
 - Signs & symptoms of complications/infection
 - Response to medication/treatments
 - Physical/mental limitations
 - Changes in activities of daily living
 - Coping mechanisms/advocacy needs
 - Environmental safety factors
- Procedures, Treatments as Prescribed:
 - Venipuncture for lab, drug levels
 - Dressing changes
 - Administer medications, IM, IV, SC, etc.
 - Foley catheter insertion/management
 - Management of central venous catheters, pumps, ports
 - Suture, staple removal
 - Pulse oximetry
- Patient/Family Teaching of Care for:
 - Disease process – care management
 - Daily weights
 - Oxygen use and safety
 - Medication regime, s/s of side effects, interactions, digoxin toxicity

- Diet, bowel regime
- Energy conservation
- Signs & symptoms of pacemaker problems
- Safety precautions/emergency measures

- Management and Evaluation of the Care Plan for:
 - Prolonged/extended home health care need
 - Continued personal care service
 - Multiple services and caregivers for complicated/complex care
 - Terminal supportive care
 - High potential of changes for the at-risk patient

HOME HEALTH AIDE

Visit frequency based on patient's needs for assistance with activities of daily living, physician orders and assessment by RN.

Services Provided:

- Bathing
- Dressing assist
- Grooming/hair care
- Oral care
- Toileting
- Transfers
- Ambulation
- Light meal preparation
- Routine exercises
- Medication reminders
- Cleaning patient care area
- Reality orientation/communication assist

Home Health Care for the Cardiology Patient

MEDICAL SOCIAL SERVICES

Counseling and intervention can be provided by the medical social worker when the home social dynamics affect the medical condition of the patient. Visit frequency determined by the patient's physical and social needs and physician's orders.

Services Provided:

- ❖ Psychosocial assessment/evaluation
- ❖ Financial assistance
- ❖ Counseling for long-term planning
- ❖ Housing/nursing home placement
- ❖ Community resource planning
- ❖ Contingency/emergency care planning
- ❖ Brief therapy
- ❖ Crisis intervention

OCCUPATIONAL THERAPY

Visit frequency based on patient's needs and physician orders for evaluation, treatment, and teaching.

Services Provided:

- Therapy:
 - Activities of daily living and self-care training
 - Work simplification
 - Energy conservation
 - Retraining in homemaking skills and other instrumental activities of daily living
 - Development of therapeutic program of activities to increase range of motion, strength, and endurance
- Teaching:
 - Environmental safety measures
 - Use and care of durable medical equipment
 - Therapeutic adaptations
 - Home modifications
 - Home program for rehabilitation

PHYSICAL THERAPY

Visit frequency based on assessment of patient's condition and needs and physician orders.

Services Provided:

- Therapy
 - Assess rehabilitation needs/potential
 - Develop a specific rehabilitation program based on patient's heart rate, blood pressure and exertion levels
 - Transfer techniques
 - Bed mobility
 - Balance and coordination exercises
 - Therapeutic exercises
 - Gait training
 - Range of motion
 - Home adaptation
 - Endurance training
- Teaching:
 - Home maintenance program
 - Transfer techniques
 - Safety measures
 - Equipment use/safety
 - Heart rate monitoring for activities

SPEECH THERAPY

Visit frequency based on assessment of patient's communication needs and physician's orders.

Services Provided:

- Establish communication skills program for:
 - Language disorders
 - Articulation
 - Dysfluency
 - Voice disorders
 - Cognitively impaired
 - Laryngectomies and glossectomies
 - Dysphagia treatment program
 - Rehabilitation program